

Is Balloon Sinus Dilation Right For You?

SYMPTOMS

Choose "yes" if you have had any of the following symptoms for ten days or longer:

Facial pressure or pain	Yes	No
Headache pain	Yes	No
Congestion or stuffy nose	Yes	No
Thick, yellow-green nasal discharge	Yes	No
Low fever (99-100 degrees)	Yes	No
Bad breath	Yes	No
Pain in your upper teeth	Yes	No

DURATION AND FREQUENCY

Have you experienced these symptoms for 12 or more weeks? Yes No

In the past year, have you experienced these symptoms for ten days or longer on three separate occasions – with interim periods of no symptoms? Yes No

Name: _____

Phone: _____

Insurance company: _____

Please return this completed survey to the receptionist.

For a more complete symptom survey, go to www.SinusSurgeryOptions.com/Survey

Balloon Sinus Dilation vs. Traditional Sinus Surgery (FESS)⁵

A recently released, randomized controlled trial comparing balloon sinus dilation and traditional sinus surgery found that after 6 months both balloon and traditional surgery patients experienced significant symptom improvement. But the path to recovery was very different...

	BALLOON	FESS
Symptom Improvement After Six Months	67%	63%
Symptom Improvement After One Week	59%	38%
Days Prescription Pain Medicine Needed	<1	2.8
Days to Return to Normal Activity	1.6	4.8
Require Follow-Up Debridements*	8%	74%

*removal of scar tissue, scabs, or crusting to aid healing

Get Better. Faster.

¹ Karypisios T, Tsanikidis H, Kaldi H, Sappi J, Moushah J. Pain treatment and recovery after endoscopic sinus surgery. *Laryngoscope*. 2007 Aug; 117(8):1434-6.

² Staniewicz J, Tzafri T, Aliko J, Wiegand B, Choi P, Poriv J, Henderson D, Sirel T. Two-year results: transnasal balloon dilation of the ethmoid infundibulum. *Int Forum Allergy Rhinol*. 2012 May;2(3):199-206.

³ Staniewicz J, Tzafri T, Tzafri T, Aliko J, Lipari D, Wiegand B. Transnasal, endoscopically guided balloon dilation of the sphenoidal complex for chronic rhinosinusitis under local anesthesia. *Am J of Rhinology*. 2009 May/June; 23:1327.

⁴ Staniewicz J, Tzafri T, Tzafri T, Aliko J, et al. Impact of chronic rhinosinusitis on work productivity: enough one-year follow-up after balloon dilation of the ethmoid infundibulum. *International Forum of Allergy & Rhinology*. 2011 1: 38 - 45.

⁵ Celler J, Bhatti N, Light J, Tzafri T, Schwartz M. Standalone balloon dilation versus sinus surgery for chronic rhinosinusitis: A prospective, multicenter, randomized, controlled trial. *Am J Rhinol Allergy* doi.org/10.2200/ajvr.2012.27.3170.

XpESS may be used to treat certain conditions affecting the sinus above your eyebrows and behind your cheeks and eyes. Your physician will need to determine if your condition is one that may benefit from XpESS. Possible side effects include but are not limited to postoperative bleeding, pain and swelling, allergic reaction to anesthesia or other medications administered during the procedure, or infection. Your condition may not respond to this treatment. To learn more about this procedure and the potential risks, ask your physician.

Confirm Federal (USA) law restricts this device to sale by or on the order of a physician.



1956001 IC 8/2013

Tired of Sinus Pain and Pressure?



How a little balloon can provide instant relief that lasts